



## **Sassafras Creole Cream Cheese Ice Cream**

Makes 1 quart

- 2 (12 ounce) cartons of creole cream cheese
- 2 Cups heavy whipping cream
- 1 1/2 cups of sugar
- 3 Egg Yolks
- pinch of cinnamon and nutmeg
- 2 tablespoons of vanilla
- 1 tablespoon file' gumbo powder

Combine all ingredients in a mixing bowl and mix thoroughly. Place ice cream mixture into an ice cream machine a blend according to the machines instructions.