

Candy Cane Ice Cream



Ingredients

- 11.5-ounce container Sour Cream
- 1-1/2 cups sugar
- 3 eggs yolk
- 1-1/2 cups half and half
- 1-1/2 cups heavy whipping cream
- 1 vanilla bean
- 1/8 tsp cinnamon
- 1/8 tsp nutmeg
- 2 crushed candy canes

Method

Combine all ingredients in a mixing bowl and mix thoroughly except for the candy cane. Place the ice cream mixture into an ice cream machine according to the machine's instructions and churn. Add crushed candy canes after ice cream has finished churning, to fold into ice cream. Remove ice cream into a sealable container and store in the freezer.